CLAIMS

A method of packaging goods having a liquid element, said liquid element comprising dissolved gases, wherein the liquid element is treated prior to said goods being subjected to a vacuum packing process, such that a substantial proportion of said dissolved gases does not escape from said liquid element during said vacuum packing process.

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- A method in accordance with Claim 1, wherein the liquid element is treated by subjecting it to a gas removal process.
- 3. A method in accordance with Claim 2, wherein the said gas removal process comprises subjecting said liquid element to an evacuation process in a vacuum packer.
- 4. A method in accordance with Claim 3, wherein the said evacuation process involves placing said liquid element in a container which is then placed in a cavity of the vacuum packer, said cavity subsequently being evacuated by means of a vacuum pump.
- 25 5. A method in accordance with Claim 4, wherein said container has a volume of at least twice the volume of said liquid element.
- 6. A method in accordance with Claims 4 er 5 wherein liquid element when held in said container has an exposed surface area which is greater than the depth of the liquid in said container.

- 7. A method in accordance with Claim 2, wherein said gas removal process involves cooking the liquid element.
- 8. A method in accordance with Claim 7, wherein cooking the liquid element involves heating it at boiling point.
- 9. A method in accordance with any one of Claims 2-8 wherein the said gas removal process removes substantially all of the dissolved gases from the liquid element.
 - 10. A method as claimed in Claim 1, wherein the liquid element is treated by subjecting it to a freezing process.
 - 11. A method according to Claim 10, wherein if said goods comprise a liquid element and a solid element, only said liquid element is subjected to said freezing process.
 - 12. A method in accordance with Claim 11, wherein if said goods comprise a liquid element and a solid element, both said liquid element and said solid element are subjected to said freezing process.
 - 13. A method in accordance with any one of the proceeding claims, wherein said vacuum packing process is any conventional vacuum packing process.
 - 14. A method in accordance with Claim 13, wherein said conventional packing process is a basic vacuum packing process or a gas flushing vacuum packing process.

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- A method in accordance with any one of the proceeding.

 alaims, wherein said goods comprises foodstuffs.
- 5 16. A method with in accordance with any one of the proceeding claims wherein said goods comprises a solid element and a liquid element.
 - 17. A method according to Claim 16, wherein said solid element is perforated before said goods are subjected to said vacuum packing process.
 - 18. A method according to Claim 17 wherein the surface at least of said solid element is perforated.
 - 19. A method according to Claim later 18 wherein said solid element is perforated in a plurality of locations.
 - A method of vacuum packing goods having a liquid element, comprising the steps of subjecting said liquid element to a gas removal process, followed by subjecting the goods to a vacuum packing process.
 - 21. A method according to Claim 17, wherein said gas removal process involves subjecting said liquid element to a vacuum.
 - 22. A method according to Claim 19 or 18, wherein said method further comprises the step of perforating a solid element of said goods, before submitting said goods to said vacuum packing process.

- 23. A method according to Claim 19, wherein said perforating step comprises piercing the surface at least of said solid element.
- 5 24. A method according to Claim 20, wherein said solid element is pierced in a plurality of locations.
- 25. A method according to any one of Claims 17-19, wherein said vacuum packing process is a gas flushing vacuum packing process.
- 26. A packaged foodstuff, packaged in accordance with any one of the proceeding claims.
 - 15 27. A method as herein before described.
 - 28. A packaged foodstuff as herein before described.